## Directions to Pools for San Diego

**ALLIED GARDENS SWIM CENTER:** Take 5 or 805 to 8 East. Exit on Waring Rd., go up hill, left on Zion, right on Glenroy (pool on right). Address is: 6707 Glenroy St, Allied Gardens 92120 (619) 235-1143.

**BUD KERNS MEMORIAL POOL, 2229 Morley Field Drive, San Diego, CA. 92101**(at Morley Field, Balboa Park): (619) 692-4920. I-5 exit Pershing Dr., go north to Florida St., make left to Morley Field Dr, make right, go up hill (pool on right), or I-8 exit Texas St. (pool at end of Texas St.).

**BISHOPS:** I-5 TO ARDATH RD. West; (BECOMES TORREY PINES RD.) LEFT AT GIRARD; RIGHT AT PEARL; RIGHT AT LA JOLLA BLVD. SCHOOL IS ON THE RIGHT.

CARLSBAD: I-5 (North); ELM STREET (East); TO MONROE (South). POOL ON RIGHT SIDE.

**CARMEL VALLEY RECREATION CENTER POOL:** Located just south of the Del Mar Heights shopping center. Take Del Mar Heights to El Camino Real and turn South. Go to Townsgate and turn left (first light past the shopping center). The pool is in the Carmel Valley Community Center on your right. 3777 Townsgate Drive San Diego, CA 92130

<u>CATHEDRAL CATHOLIC HIGH SCHOOL:</u> (858) 523-4000. Take I-5 North to 56 East to Carmel Valley Rd.(left) approx. 5 blocks to Del Heights Rd (left). Second signal light is the entrance. Park in main parking lot. Pool in next to gym. 5555 Del Mar Heights Road, San Diego 92130

<u>CLAIREMONT COMMUNITY POOL:</u> Take I-5 South. Exit Grand/Garnet and Turn LEFT (East) onto Garnet Ave. (becomes Balboa Ave.) Continue East to Clairemont Drive and turn RIGHT (South). Pool is on the left. Address: 3600 Clairemont Dr. San Diego, CA, 92117

# <u>CITY OF CORONADO AQUATICS CENTER (619-522-2464):</u> I-5; TO HIGHWAY 75 (San Diego - Coronado Bay Bridge); TO ORANGE AVE (West);

1-5; TO HIGHWAY 75 (Sall Diego - Corollado Bay Bridge); TO ORANGE AVE (West); 1/4 MILE PAST HOTEL DEL CORONADO ON BAY SIDE OF SILVER STRAND (Hwy 75)

CORONADO NAVAL AMPHIBIOUS BASE COMBAT TRAINING TANK: 1/4 MILE SOUTH OF CORONADO MUNICIPAL POOLS (see above); ENTER MAIN SECURITY GATE (ID CHECK); APPROX. 3/4 MILE ON NORTH (left) SIDE

**EL CAJON VALLEY HIGH SCHOOL:** Take I-5 SOUTH to 805 SOUTH. Take the 52 EAST. Take the I-15 SOUTH to I-8 EAST. Take the MOLLISON AVENUE exit and turn right on N. MOLLISON AVE. Turn Left on E MADISON AVE. Address: 1035 E Madison Ave, El Cajon, CA 92021-6226 (Distance - 27.7 miles)

**FROG'S CLUB ONE:** Take 56 East, follow it until it turns into Black Mountain Rd. Take Ted Williams Parkway 56 East. Take I-15 North one exit to the Carmel Mt. Rd. exit. Go East, or right. Go three lights and turn right onto Highland Ranch Rd. Turn left onto World Trade Dr. Pool is on right at Frog's Athletic Club.(858) 674-4480. 12171 World Trade Dr. San Diego, 92128.

**GRAPE DAY PARK (San Pasqual):** Take Via de la Valle east, continuing on Del Dios HWY and Valley Pkwy. Left on Escondido Blvd. Park on right behind California Center for the Arts.

**GRANITE HILLS HIGH SCHOOL:** Take I-5 South, to 805 South to 52 east, I-15 south, I-8 East. Exit 2nd St. Go South 2 blocks. Left on Madison Ave (East). Turn right on 4th St. Turn right on Melody Ln. Turn right into school. Pool is in back. 1719 E. Madison Ave. El Cajon, CA 92019

Note: this is across the street from Montgomery Middle School. Granite Hills phone: (619) 593-5500

**GROSSMONT HIGH SCHOOL:** I-5 south, to 52 east, I-15 south, I-8 east, exit Fuerte Dr. and turn left over the highway. Right on Murray Dr. past the HS entrance, Left on Dennstedt Place Dr. Pool is behind tennis courts. Or, park in front of the high school and cut across campus.

JEWISH COMMUNITY CENTER: (858-457-3030): I-5 to LA JOLLA VILLAGE DR. EAST; to REGENTS RD. (left) to EXECUTIVE DR. (right); Pool is on the left. 4126 Executive Dr., La Jolla, CA 92037

#### LA JOLLA COGGAN FAMILY POOL (AT LA JOLLA HS): (858-454-3081):

750 NAUTILUS ST. La Jolla, CA. 92037 DIRECTIONS: I-5 to La Jolla Parkway, West at TORREY PINES RD. This will deadend at GIRARD ST. Take a left and go one-half block to PEARL. Turn right and go 1 block to FAY. Make an immediate left onto FAY. Pool will be 1 mile down on the right side just past football stadium.

<u>LINCOLN MIDDLE SCHOOL (Vista):</u> Take I-5 NORTH to 78 EAST. Take the VISTA VILLAGE DR exit. Turn Left on VISTA VILLAGE DR. Turn Right on ESCONDIDO AVE. Address: 151 ESCONDIDO AVENUE, VISTA, CA 92084-6035. PH (760)726-5766

**LOMA VERDE POOL (1420 Loma Lane, Chula Vista, 619-691-5081):** I-5 South to 54 East; 54 East to 805 South; Exit on Orange Ave (West); Right on Orange Ave past 2 stop lights; At third stop light turn right on Loma Lane. Pool is at the very top of Loma Lane.

<u>Martin Luther King Pool:</u> Directions: I-5 south to Hwy. 94. East on hwy. 94 to I-805 South. Exit on Imperial Ave. and make a Left hand turn on Imperial. Right turn on Valencia Parkway. Left turn on Skyline Drive. Pool is on the right side. Pool phone: 619-262-9388.

**MESA COLLEGE:** Take 5 South to 805 South to 163 South. Exit Genesse. Turn right. Turn right again on Linda Vista Rd. Then turn left on Mesa College Rd. The campus loop road will split. Stay Left and look for the pool on the right. It's behind the tennis courts. Look and listen for whistles, swimmers and splashing and your there.

MIRAMAR COLLEGE / NED BAUMER POOL (10440 Black Mountain Road, San Diego, 858-538-8083: 163 North to 15 North; exit on CARROLL CANYON west (left); north (Right) on BLACK MOUNTAIN ROAD. MIRAMAR COLLEGE NED BAUMER POOL on the right side next to the softball field.

MONTE VISTA (3230 Sweetwater Springs Road): I-94 East to SWEETWATER SPRINGS BLVD; South on Sweetwater Springs to Monte Vista HS.

**MONTGOMERY MIDDLE SCHOOL:** Take I-5 South, to 805 South to 52 east, I-15 south, I-8 East. Exit 2nd St. Go South (right)2 blocks. Left on Madison Ave (East) at the Jack In The Box. Make a right at stop sign just before Granite Hills HS. The pool is in the back next to the baseball fields. Note: this is across the street from Granite Hills High School.

MOUNT CARMEL HIGH SCHOOL: Take 56 E, follow until it turns into Black Mountain Rd, turn left on Carmel Mountain Rd. School is on the left. Address: 9550 Carmel Moutain Rd., San Diego (858) 484-1180

**PALOMAR COLLEGE POOL:** Take 5 north to 78 east. Exit Rancho Santa Fe Road. Go North (left). Make a right on Mission then look for the College on your left. Turn left on the Campus Loop Road. Keep looking to the left. You'll see the pool from the road. Be careful where you park. They will ticket you.

**POWAY HIGH SCHOOL:** 56 east turns into Carmel Valley Rd..to Camnio Ruiz (south- go past Westveiw High School) East on the 56 which turns into TED WILLIAM'S PARKWAY once you cross the 15. EAST; TO TWIN PEAKS EAST(right); LEFT ON ESPOLA RD. SCHOOL IS ON THE LEFT; GO TO THE LAST ENTRANCE TO THE SCHOOL; FOLLOW THE ROAD AROUND TO THE BACK OF THE SCHOOL TO THE PARKING LOT FOR THE TRACK. POOL IS ON THE LEFT. **NOTE:** You no longer need to go to Black Mountain Road because they just built this new road. (15500 Espola Road, Poway, CA 92064-2299 Phone.858-748-0245

**RANCHO BERNARDO HIGH SCHOOL:** (13010 Paseo Lucido, San Diego, CA 92128). 15 North to Camino del Norte East.North (West) on Paseo Lucido onto campus. Pool is southeast of football stadium.

**FROG'S ATHLETIC CLUB (FROG'S ATHLETIC CLUB):** (12171 World Trade Dr. San Diego, 92128. (858) 674-4480. Take 56 East, follow it until it turns into Black Mountain Rd. Take Ted Williams Parkway 56 East. Take I-15 North one exit to the Carmel Mt. Rd. exit. Go East, or right. Go three lights and turn right onto Highland Ranch Rd. Turn left onto World Trade Dr. Pool is on right at Frog's Athletic Club.

**RAMONA HIGH SCHOOL:** Address is <u>1401 Hanson Lane, Ramona</u>. Take 56 East, follow it until it turns into Black Mountain Rd. Take Ted Williams Parkway 56 East. Turn Right onto Twin Peaks Rd. Turn left onto Poway Rd. Turn left onto CA-67. CA-67 becomes CA-67/Main St. Turn right onto Dye Rd. Turn left

onto Ramona St. Turn right onto Warinock Dr. Turn left onto San Vicente Rd. Turn Left onto Hanson Lane. Pool is on West side of campus. Alternate route: Go East on 56 to I-15. (or take the Del Dios Highway) to Via Rancho Parkway East. Follow signs to Wild Animal Park. Turn right on San Pasqual Rd. Right on Rt 78 past WAP to Ramona. At Main St. stop-light go straight on San Vincente Rd 0.8 mi. Right on Hanson Lane. School is on the right.

**SANTANA HIGH SCHOOL:** 163 North to 52 East. Stay on 52 until Mast. At exit, turn left onto Mast going North. Go past West Hills High School. Keep going on Mast until Magnolia. Left on Magnolia past school. Right on Second. Turn into second parking lot. Pool on right towards back. Santana HS 9915 N. Magnolia, Santee (619) 448-5500

SCRIPPS RANCH / TIERRASANTA REC. CENTER: I-15 NORTH, TO CLAIREMONT MESA BLVD. EAST; REC. CNT. ON LEFT HAND SIDE. (YOU WILL GO FOR ALONG WAYS ON CLAIREMONT MESA.)

**SOUTHWESTERN COLLEGE:** Take 5 South to the 805 South for 22.1 miles to the TELEGRAPH CANYON RD exit towards L STREET. Keep LEFT at the fork in the ramp. Merge onto TELEGRAPH CANYON RD. Go 3.6 miles then, turn SLIGHT LEFT onto OTAY LAKES RD. Go 0.4 miles to Southwestern College on your left. Ask for directions to the pool. Total estimated time and distance: 42 minutes, 34.2 miles. 900 Otay Lakes Road Chula Vista, CA 91910 619.421.6700

<u>UCSD CANYONVIEW POOL:</u> I-5 South; exit at GENESEE, go east (left); past Scripps Hospital, and right at signal on CAMPUS POINT. Make immediate right on VOIGT, continue down approx. 2 miles. Canyonview Pool is on the right side. **UCSD Parking permit required M-F until 11 pm**. <u>Map to the Canyonview pool</u> (pdf file). Click here to find <u>Parking meter spaces</u> in lots near the pool. Bring lots of quarters. Don't get a Parking Ticket!

<u>UNIVERSITY OF SAN DIEGO</u>: I-5 NORTH; TO I-8 EAST; TO MORENA BLVD; TO LINDA VISTA RD. UP THE HILL; GO IN SECOND ENTRANCE TO USD; RIGHT ACROSS FOR UNI. HIGH; STAY TO THE RIGHT; POOL IS IN THE SPORTS COMPLEX.

**VALHALLA HIGH SCHOOL:** 5 South to I-15 north, 8 east, Exit 2nd St. in El Cajon Go South, 2nd St. turns into Jamacha Rd, keep going. Look for Hillsdale rd, turn left, school is on the right, pool on South side of campus in the back. 1725 Hillsdale Rd, El Cajon (619) 440-1501.

<u>VALLEY CENTER (Adams Park Pool)</u>: 5 South to 56 East to 15 North. Exit at Via Rancho Parkway. Go right. This turns into Bear Valley Parkway. Turn right on East Valley Parkway/CR-S6. Turn left on Cole Grade Rd. The address is: 28751 Cole Grade Rd., Valley Center. It takes about 50 minutes to an hour to get there.

**WASHINGTON PARK (ORANGE GLEN HIGH SCHOOL):** Take Via de la Valle East, continuing on Del Dios Highway and Valley Pkwy thru Escondido. Left on Rose to Washington.

**WAVE WATER PARK (Vista):** Take 5 north to 78 East, exit Vista Village Dr. Go North on Vista Village. Look for the Water Slides on your right. (Pool is in that complex.) Turn right on Recreation Dr. Pool is on the right. Address: 161 Recreation Dr. Vista 760-940-9283

**WEST VIEW HIGH SCHOOL (Poway):** Take 5 North to Carmel Valley Road. Go East to Camino Ruiz and turn right. This is a new school built in 2003. Address: 13500 Camino Ruiz, San Diego, CA 92129 858-780-2000

Di	Total Est. Time: 27 minutes Total Est. Distance: 24.13 miles			
	1:	Start out going NORTHEAST on CHATSWORTH BLVD toward ZOLA ST.	0.7 miles	
	2:	CHATSWORTH BLVD becomes LYTTON ST.	0.1 miles	
	3:	Turn LEFT onto ROSECRANS ST / CA-209 N. Continue to follow CA-209 N.	0.9 miles	
	4:	CA-209 N becomes CAMINO DEL RIO W.	0.1 miles	
	5:	Turn SLIGHT RIGHT onto ramp.	0.2 miles	
	6:	Merge onto I-5 N.	21.3 miles	

Directions to s	Distance	
7:	Take the ENCINITAS BLVD exit.	0.2 miles
8:	Turn RIGHT onto ENCINITAS BLVD / CR-S9.	<0.1 miles
9:	Turn LEFT onto SAXONY RD.	0.1 miles
10:	End at <b>YMCA</b> 200 Saxony Rd, Encinitas, CA 92024, US	
	Total Est. Time: 27 minutesTotal Est. Distance: 24.13 miles	S

#### Start:

2335 Chatsworth Blvd San Diego, CA 92106-1646, US

### End:

**YMCA**: 760-942-9622 200 Saxony Rd, Encinitas, CA 92024, US